

OVERVIEW OF FLT

Arrive at Heartland Conference and Retreat Center between 9:30 and 10:15

Check-in and move in

Leadership Training includes:

Team Challenge
Group Problem Solving
Wacky Olympics
Night Hike
Reflection and Campfire
Team Obstacle Course

Leadership Seminars includes:

State Project: Ohio School Breakfast Challenge
Member Accomplishments
National Programs
Career Development Events
Leadership Training
FACTS Grant
Developing Leadership Skills through Lead4Change

Monday, October 14

10:30	Opening Session
Group 2 11:00 – 12:00	Wacky Olympics – Heartland Staff <i>Let the games begin! Students will out-shoot the competition in “knockout”, strive to be king in “9 Square in the Air”, survive until the end in “gaga ball”, and team up for a fast-paced game of “Extreme Dodgeball”. Winners enter their names into a drawing for the “Final Showdown.” A special prize awaits the last student standing!</i>
Group 2 11:00 – 12:00	State Project: Ohio School Breakfast Challenge – Jennifer Tagliarino <i>Get some great service projects that support the Ohio School Breakfast Challenge and learn about the AdCap Grant.</i> Member Accomplishments <i>“Some people make things happen, some watch things happen, while others wonder what has happened.” – Gaelic proverb Have you given thoughts to taking your leadership skills to higher level. What about completing a Power of One, Chapter or State Degree? You will receive information on how to make this happen.</i>
Group 1 11:00 – 12:30	Team Challenge - Heartland Staff <i>Involves physical set of obstacles or problems within a sequence of activities that will physically and mentally challenge participants. This allows students to move out of their comfort zone into a place where they can experience new ways to look at themselves.</i>
Group 1 12:50 – 1:20	Lunch
Group 2 12:05 – 12:35	Lunch
Group 2 12:45 – 1:10	National Programs – State Executive Council <i>Do you know the 8 National Programs? Come and find out more information with links to integrate FCCLA and National programs into the classroom.</i> Career Development Events <i>New categories, new names, what does all of this mean and why should we do it? Come and get an overview of what CDE’s are and why you should be involved. Get information on how to get started.</i>
Group 1 1:30 – 3:35	Wacky Olympics
Group 1 1:30 – 3:35	Ohio School Breakfast Challenge Member Accomplishments

Monday, October 14 (cont.)	
Group 2 1:20 – 2:50	Team Challenge – Heartland Staff
Group 2 3:00 – 3:30	National Programs Career Development Events
Group 2 3:40 – 4:40	Wacky Olympics
Group 2 3:40 – 4:40	Ohio School Breakfast Challenge Member Accomplishments
Group 1 3:45 – 4:55	National Programs Career Development Events
Group 2 4:50 – 5:45	Group Problem Solving - Heartland Staff <i>Uses cooperative games and activities to help develop Team Skills, communication, cooperation, and motor work. Students will be given a variety of mental and physical obstacles that they must work together on to successfully complete.</i>
Group 1 5:05 – 5:35	Dinner
Group 2 5:50 – 6:20	Dinner
Group 2 6:20 – 7:00	Developing Leadership – Ryan Moran
Group 1 5:45 – 6:15	Developing Leadership – Ryan Moran
Group 1 6:20 – 7:00	Group Problem Solving – Heartland Staff
7:10 - 8:00	Evening Session Keynote Speaker Ryan Moran
8:00	Night Hike and Scavenger Hunt – Heartland Staff <i>Students use their senses just like the nocturnal animals that are active all around us. Hiking through the fields and forest, students will discover the creatures, sights and sounds of the night hours.</i>
9:00	Campfire Reflections - SEC <i>Join us around a blazing fire underneath the evening sky In the cozy outdoor amphitheater where the SEC will lead you in a reflection of the day's events.</i>
9:30	Return to Cabins
10:30	Lights out

Tuesday, October 15	
Group 1 7:00 – 7:30	Breakfast
Group 2 7:00 – 7:45	Developing Your Leadership Skills through Lead4Change – Sharon Gregory <i>Interactive session relating FCCLA and leadership through Lead4Change.</i>
Group 1 7:30 – 8:15	Developing Your Leadership Skills through Lead4Change – Sharon Gregory <i>Interactive session relating FCCLA and leadership through Lead4Change.</i>
Group 2 7:45 – 8:15	Breakfast
8:15	Team Obstacle Course – Heartland Staff <i>The 1.67 mile trail is riddled with obstacles ranging from climbing to crawling with a whole lot of mud! Make sure to wear closed-toe shoes and clothes that you don't mind getting muddy.</i>
10:15	Clean Up and Move out of Dorm
Group 1 11:50 – 12:20	Lunch
Group 1 11:00 – 11:30	FACTS Grant – Kelley Smith
Group 2 11:30 – 12:00	FACTS Grant – Kelley Smith
Group 2 11:00 – 11:30	Lunch
12:30 – 1:00	Closing Session