



## **State Degree Handbook**

## Items Included:

1. Candidate Requirements
2. Goal(s) Criteria
3. Sample Interview Questions
4. State Degree Checklist
5. FCCLA Planning Process
6. State Degree Goal Activity Sheet
7. State Degree Goal Summary Sheet
8. FCCLA Purpose Summary Sheet
9. State Degree Signature Page

## Growth Continues...

The State Degree is the highest honor a member can earn. The following qualification must be met by the candidate:

1. Chapter Degree (Completed Degree- Signed by FCCLA Adviser and School Principal or Director) *or* Power of One (Must have the completed Five Unit Recognition Application)
2. The candidate must be an affiliated Junior or Senior
3. Completed three course or currently enrolled in the third course of Family and Consumer Sciences or related career field.
4. Candidates must have 3.0 grade point average in content courses.
5. Candidate must have a 2.0 cumulative GPA.

## Clarification:

1. All activities are to show a high-level plan for each goal utilizing the FCCLA Planning Process
2. All activities must be detailed enough to show reviewers that the project meets the requirements.
3. Evidence can include but not limited to photos, newspaper articles and thankyou notes
4. The interview process will allow the candidate to defend all activities
5. If the candidate is a junior and the Degree is denied the candidate may adjust activities and reapply their senior year
6. If an emergency arises and a student cannot attend the interview time, every possible attempt should be made to attend the nearest evaluation site

## State Degree Manual Requirements:

- Official FCCLA Binder
- Typed (same font- size 12)
- State Degree Signature Page
- Table of Contents (with page numbers)
- Include official transcript
- Include documentation of awarded Chapter Degree or Power of One
- FCCLA Purpose Summary Sheet (add page number)

## **Goal(s) Requirements:**

FCCLA Planning Process per goal – 1 strong project with others as supporting/minor activities

- FCCLA Planning Process with page number
  - Identify the goal
  - Set a goal
  - Form a plan
  - Implement Activity
  - Evaluate
- State Degree Activity Sheet Template – complete for each activity
- Typed one page reflection – complete for each activity
- One recommendation per activity is required
- Variety of person's must be used for recommendations. Only the chapter adviser can write two (one for personal and one for chapter)
- Each recommendation must include date, salutation, signature and title/relationship
- One piece of evidence

## **Goal Description:**

Goal I: Develop leadership skills and knowledge of the FCCLA organization. (4 different activities)

Goal II: Develop interpersonal skills to help foster growth as an individual. (2 different activities)

Goal III: Develop leadership skills through participation in school activities and organizations other than FCCLA. (2 different activities)

Goal IV: Develop a career plan or career related activities. (2 different activities)

Goal V: Develop leadership skills through community service activities. (2 different activities)

Goal VI: Develop and implement activities for the home. (2 different activities)

## **Suggested activities for each Goal:**

Goal I: Develop leadership skills and knowledge of the FCCLA organization.

- Explain FCCLA to others new to or outside the organization
- Present or complete activities with school faculty
- Present to civic and service groups, parents, or other youth groups
- Write special articles for publications
- Hold an office at the local, regional, state or national level
- Chair a local committee
- Participate in activities at the Regional, State and National level
- Participate in State Project, National Programs or State and National Outreach events

Goal II: Develop interpersonal skills to help foster growth as an individual.

- Earn and manage personal money
- Improve communication skills
- Develop a new skill
- Develop goals that may be of value to personal growth

Goal III: Develop leadership skills through participation in school activities and organizations other than FCCLA.

- Participate in school organizations (e.g. Student Council, Yearbook, sports, music)
- Assist in peer to peer events
- Participate in school events (e.g. school levies, community service projects)

Goal IV: Develop a career plan or career related activities.

- Hold a job or internship
- Implement a career plan including post-secondary options

Goal V: Develop leadership skills through community service activities.

- Participate in a community activity
- Church work or activities
- Community work-volunteering
- Senior centers – volunteering
- Organizations (e.g. 4-H, Junior Leadership, scouting, youth groups)

Goal VI: Develop and implement activities for the home.

- Plan and prepare family meals for an extended time
- Assume additional responsibilities in the home over an extended time
- Provide child care services for family members over an extended time
- Plan and implement family nights (e.g., board games, reading, social outings) over an extended

### **Sample Interview Questions:**

1. Why did you develop each goal? (should know and can explain the FCCLA Planning Process)
2. Explain how you planned at least one of your activities using the FCCLA Planning Process.
3. If you could change anything about one of your activities, what would it be?
4. How have you grown as a leader from doing these activities?
5. How will you use what you have learned?
6. If a similar activity is used for the Chapter Degree or Power of One how does it show growth?



## STATE DEGREE CHECKLIST

*Listed below are items that need to be included or addressed in your State Degree Notebook*

Table of Contents

Transcript

Completed Chapter Degree with signatures **or**

Power of One Five Unit Recognition Application

State Degree Goals Summary Page (numbered)

FCCLA Purpose Summary Page (numbered)

**GOAL I** *Develop leadership skills and knowledge of the FCCLA organization.* (Divider page)

- FCCLA Planning Process
- Activity Sheet (4 different Activities)
- Written Reflection Page (4 different Activities)
- One Letter of Recommendation (4 different Activities)
- Evidence (4 different Activities)

**Goal II** *Develop interpersonal skills to help foster growth as an individual.* (Divider page)

- FCCLA Planning Process
- Activity Sheet (2 different Activities)
- Written Reflection Page (2 different Activities)
- One Letter of Recommendation (2 different Activities)
- Evidence (4 different Activities)

**Goal III** *Develop leadership skills through participation in school activities and organizations other than FCCLA.* (Divider page)

- FCCLA Planning Process
- Activity Sheet (2 different Activities)
- Written Reflection Page (2 different Activities)
- One Letter of Recommendation (2 different Activities)
- Evidence (2 different Activities)

**Goal IV** *Develop a career plan or related career activities.* (Divider page)

- FCCLA Planning Process
- Activity Sheet (2 different Activities)
- Written Reflection Page (2 different Activities)
- One Letter of Recommendation (2 different Activities)
- Evidence (2 different Activities)



**Goal V Develop leadership skills through community service activities.** (Divider page)

- FCCLA Planning Process
- Activity Sheet (2 different Activities)
- Written Reflection Page (2 different Activities)
- One Letter of Recommendation (2 different Activities)
- Evidence (2 different Activities)

**Goal VI Develop and implement activities for the home.** (Divider page)

- FCCLA Planning Process
- Activity Sheet (2 different Activities)
- Written Reflection Page (2 different Activities)
- One Letter of Recommendation (2 different Activities)
- Evidence (2 different Activities)



## FCCLA Planning Process

*(This template may be modified, but all headings must be used in the correct order. The FCCLA logo, STAR Events logo, and Planning Process graphics are encouraged but not required.)*

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### IDENTIFY CONCERNS



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### SET A GOAL



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### FORM A PLAN (WHO, WHAT, WHEN, WHERE, HOW, COST, RESOURCES, AND EVALUATION)



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### ACT



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### FOLLOW UP





## State Degree Activity Sheet

**Goal:** (number and description)

**FCCLA Purpose:** (number and restate purpose)

**State FCS or Related Career Field Course:**

**Activity:**

**Date:**

**Description of the Activity:**

**Describe how this activity helped me understand the FCCLA organization:**





## State Degree Goals Summary Sheet

All activities must take place after the Chapter Degree or Power of One			
Goal	Activities	Date	Recommendation
<b>I. Develop leadership skills and knowledge of the FCCLA organization.</b>	1.		
	2.		
	3.		
	4.		
<b>II. Develop interpersonal skills to foster growth as an individual.</b>	1.		
	2.		
<b>III. Develop leadership skills through participation in school activities and organizations other than FCCLA.</b>	1.		
	2.		
<b>IV. Develop a career plan or career related activities.</b>	1.		
	2.		
<b>V. Develop and implement community service activities.</b>	1.		
	2.		
<b>VI. Develop and implement activities for the home.</b>	1.		
	2.		



## FCCLA Purposes Summary Sheet

<b>Give examples from your activities for this degree that show how you have helped fulfill all eight of the national purposes.</b>		
<b>Purpose</b>	<b>Goal (Number and date)</b>	<b>Activities</b>
To provide opportunities for personal development and preparation for adult life.		
To strengthen the function of the family as a basic unit of society.		
To encourage democracy through cooperative action in the home and community.		
To encourage individual and group involvement in helping achieve global cooperation and harmony.		
To promote greater understanding between youth and adults.		
To provide opportunities for making decisions and for assuming responsibilities.		
To prepare for the multiple roles of men and women in today's society.		
To promote Family and Consumer Sciences and related occupations.		



# STATE DEGREE

**Name**

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**Chapter**

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**Adviser Signature**

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Date

**Administrator Signature**

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Date