



STATE DEGREE

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Growth Continues:

The State Degree is the highest honor a member can earn. The following criteria must be met by the candidate before beginning the State Degree. Candidates must:

1. Be in the junior or senior year of high school
2. Complete three courses in a Family and Consumer Sciences or related career field (One of the three courses may include a middle school course)
3. Must have 3.0 grade point average in content area
4. Must have a 2.0 cumulative GPA

Project Guidelines:

1. Activities should show a high-level, in-depth plan for each goal
2. Activities should provide enough information for reviewers to determine that project requirements have been met
3. Evidence may include but not limited to photos, newspaper articles, thank you notes
4. Each candidate will provide a 15-minute presentation to defend their project activities
5. Should a junior candidate be denied the State Degree the candidate may revise activities and reapply their senior year
6. Interview Process:
 - a. 15-minute presentation to defend the activities
 - b. 10-minute questions from evaluators

Goal Guidelines:

Goal 1: Develop leadership skills and knowledge of the FCCLA organization.

1. Explain FCCLA to others outside the organization
2. Present or complete activities with school faculty
3. Present to civic and service groups, parents, or other youth groups
4. Chair a local committee
5. Hold an office at the local, regional, state, or national level
6. Participate in Regional, State and National level activities
7. Participate in State Project, National Programs or State and National Outreach events
8. Write special articles for publications

Goal 2: Develop interpersonal skills to help foster growth as an individual.

1. Develop a new skill
2. Improve communication skills
3. Develop goals that may be of value to personal growth
4. Earn and manage personal money

Goal 3: Develop leadership skills through participation in school organizations other than FCCLA.

1. Participate in school organizations (e.g. Student Council, Yearbook, sports, music)
2. Participate in school events (e.g. school levies, service-learning projects)
3. Assist in peer to peer events

Goal 4: Develop a career plan or career related activities.

1. Hold a job or internship
2. Work-based learning
3. Job Shadow or career focus volunteer position
4. Implement a career plan including post-secondary options

Goal 5: Develop leadership skills through service-learning activities.

1. Participate in a community activity
2. Community work volunteering
3. Church work or activities
4. Senior Centers volunteering
5. Civic Organizations (e.g. 4-H, Junior Leadership, scouting)

Goal 6: Develop and implement activities for the home.

1. Plan and implement family nights (e.g., board games, reading, social outings) over an extended
2. Assume additional responsibilities in the home over an extended time
3. Provide childcare services for family members over an extended time
4. Plan and prepare family meals for an extended time

Guiding Questions for Presentation:

1. How will you use what you have learned?
2. How have you grown as a leader from doing these activities?
3. Explain how you planned at least one of your activities using the FCCLA Planning Process.
4. If a similar activity is used for the Chapter Degree or Power of One how does it show growth?
5. If you could change anything about one of your activities, what would it be?