



Ohio FCCLA Fall Leadership Training

October 9-10, 2023

Heartland Conference Center

3201 County Rd 225, Marengo, OH 43334

Monday, October 9, 2023

Agenda

9:30 AM – 10:30 AM: Registration
10:30 AM – 12:00 PM: Opening Session with Keynote Speaker
12:00 PM – 1:00 PM: Lunch
1:00 PM – 5:15 PM: Team Challenge & Large Group Games
5:30 PM – 6:30 PM: Dinner
6:30 PM – 8:00 PM: Workshops
8:00 PM – 9:00 PM: Night Hike
9:00 PM – 9:30 PM: Campfire

Tuesday, October 10, 2023

Agenda

7:00 AM – 7:45 AM: Breakfast/Move Out of Rooms
8:00 AM – 10:00 AM: The Ultimate Journey Race
10:00 AM – 12:00 PM: Workshops
12:00 PM – 1:00 PM: Lunch
1:00 PM – 1:30 PM: Closing Session

Team Challenge: The Heartland Staff will lead participants through team-building challenges designed to create reflection and life application of interpersonal skills. Teams will be led through a problem-solving obstacle after which they will have a time of discussion to learn how their behavior as a team relates to real-life situations.

Large Group Games: The Heartland recreation area includes such games as basketball, volleyball, 9 square in the air, Gaga, carpetball, and pickleball.

Night Hike: Enjoy exploring the world of the night as the Heartland Staff walks attendees through several activities that highlight nature after the sun goes down.

The Ultimate Journey Race: Attendees will travel all over the grounds of Heartland completing tasks to get their next clue. Tasks might include physical, mental, or draw on skills from across American history. Teams will need to utilize all their collective skills to beat the clock and win the Ultimate Journey Race!

Workshops

FCCLA Wellness: Electronic Free Decompression Time. This includes yoga (bring a mat or towel), mindful journaling and activities, along with other stress & anxiety-reducing activities that can be done with FCCLA members.

Planning Your Goals: During this workshop, the Executive Council will help members brainstorm their future within FCCLA! We will teach you about the Planning Process, and how to use it within all FCCLA Projects!

Familiarize Yourself with FCCLA: In this workshop participants will learn all about FCCLA through interactive and engaging activities. Attendees will learn all about the organization, different opportunities, and current membership information. We look forward to being a part of your Ultimate Journey.

Communicate Like a Leader: In this workshop, members will learn crucial skills on how to communicate effectively. Throughout this workshop, members will learn how things need to be communicated in different settings, how to manage communication difficulties, and what it takes to be an active listener.

Unravel the Knot: This workshop is designed to help chapters decipher their conflict styles and group dynamics. The Executive Council will be providing valuable information on conflict resolution. Participants will be given a realistic conflict to solve and share out solutions that were discovered. Participants will do a team-building activity to put the new information gathered to use.