List your participation in FCCLA, school, & community activities in the space provided. Include offices held, programs, competitions, workshops, & contributions to the Family & Consumer Sciences program. Note that not every space may be filled.

	FCCLA/FCS Activities	Non-FCCLA Activities	Community Activities
Local	 Princess Spa Day Miracle Bucket Mock Crash Gamily movie Night 	oNational Honors Society oFFA opower of the Pen oBlood donor	-Voulenteer at: • Rustic Hope • Agape • Fish • Community center
	ofather.Daughter Dance oFACTS		
District/ Regional	odistrict Rep. 03-Time Regional Competitor		
State	othree time State Qualifier oFACTS top 10		
	o power of one recipient		
National	o two time National Qualifier		
	oNational Runner-up		

Using the information from the previous chart, explain your leadership qualities & experiences & tell how they would help you be an effective Ohio FCCLA Executive Council member.

Throughout my FCCLA journey I have been able to grow my leadership skills in so many ways through by stepping up in projects, communicating with people in my community and being able to carry out many projects. Since my 8th grade year, I have took part in many activities between FCCLA, FFA, National Honor Society, Power of the Pen and an avid blood donor when I turned 16. Through FCCLA I have taken on many roles between being my chapter executive council member, secretary, vice president, and president over the years. I am a three time regional and state qualifier and a two time national qualifier. I placed top ten in the state with my FACTS project. I also received my Power of One award after completing all the steps. All of these activities and groups have helped me prepare for becoming an executive council member.