

List your participation in FCCLA, school, & community activities in the space provided. Include offices held, programs, competitions, workshops, & contributions to the Family & Consumer Sciences program. Note that not every space may be filled.

	FCCLA/FCS Activities	Non-FCCLA Activities	Community Activities
Local	Weekly FCCLA meetings - planning and running FCCLA outreaches FCCLA project, informing children about their role in safety on the road. Working on the competitions "Fashion Design" and "FACTS"	Traffic safety team president Zero-Hero observations Traffic workshops Traffic safety Outreaches	Southeastern Cheerleader Southeastern Marching Band, Percussion section leader Quick Recall Southeastern Musical
District/ Regional	Parliamentary Procedure competition		Ohio Heritage Conference Cheer competition Cheer For A Cure
State	Parliamentary procedure competition, placed second in the state.		
National		Texas A&M Teen Advisory Board member Planning a Summit for the Teen Advisory Board	

Using the information from the previous chart, explain your leadership qualities & experiences & tell how they would help you be an effective Ohio FCCLA Executive Council member.

I have always been very active in my community. Through all the activities I have done, I can truly say each of them has changed me for the better. Cheer has made me confident within myself, marching band has made me a better leader and taught me how to deal with conflict, Quick recall has reinforced my confidence by being very now-or-never, and participating in musical has taught me communication and teamwork. Almost all the activities I participate in are performance dependent. This gives me the ability to put on a good performance, and make me less nervous in front of crowds. Being a Texas A&M teen Advisory Board member has allowed me to learn more and spread my knowledge to my team. It has also given me better public speaking skills, and made me more personable as I have met many people through it. Competing in parliamentary procedure last year has taught me how to properly run a meeting, and proper meeting etiquette. Being a member of FCCLA has changed my life in more ways than I can think of. Being a member of Family, Career, and Community Leaders of America increased my confidence, has made me more creative, allows me to be more certain in my career choices, and strive to achieve my dreams. I am grateful for all of the opportunities I have been given, and believe that all of this experience would make me an exceptional Executive Council member.

