

List your participation in FCCLA, school, & community activities in the space provided. Include offices held, programs, competitions, workshops, & contributions to the Family & Consumer Sciences program. Note that not every space may be filled.

	FCCLA/FCS Activities	Non-FCCLA Activities	Community Activities
Local	2021-2025 - member  Promoted and Publicized and encouraged membership  Leadership training at Penta  FCCLA Rep for Wood County Jr. Fair Board	Member of FFA  Member of Student Council  Member of 4-H  Leadership Board for 4-H  5th grade Camp Counselor  Show Livestock  4-H Camp Counselor 4-H Livestock judging	Midnight Madness Counselor  Tractor pull and AppleButter Parking for FFA  Bible School volunteer
District/ Regional	Competed for four years at Regionals		
State	Qualified for state conference the past four years  2022 - Fall Leadership Training  Power of One - 2025	Show cattle at the Ohio State Fair	
National	Qualified for National Conference in 2022, 2024	Show cattle at different National shows.	

Using the information from the previous chart, explain your leadership qualities & experiences & tell how they would help you be an effective Ohio FCCLA Executive Council member.

By being involved in the above activities, I have learned people skills that help with networking, communication, confidence, public speaking. Working with cattle has taught me discipline, patience, hardwork, responsibility, accountability, time management and reliability. These skills would help me serve Region 1 with ease.